



For your oral health, speak up about your medications

Your oral health is closely connected to the rest of your body. So, it's important for your dentist to understand your overall health, including medical conditions, medications and supplements you take. Tell your dentist your full health history.

Medications and supplements can have oral side effects

Prescription, over-the-counter and even herbal or dietary supplements can affect your mouth. Many common medications have oral side effects that your dentist needs to consider.

Take an active role in your care

Be sure to tell your dental provider about all the medications you take, including all over-the-counter products and prescription medications. You can help your dentist give you the safest, most effective care possible.

Common oral side effects

- **Dry mouth**
- **Taste changes**
- **Teeth grinding**
- **Inflamed gums**
- **Increased acidity/reflux**

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